

Independent Living PostSecondary Goal IEP Team Decision Assistance Form

This form is designed to help the IEP team decide if a student needs a postsecondary goal in the area of independent living. *Independent living includes the skills and knowledge an individual needs to direct his or her life at home and in the community.* Transition assessment information should be taken into account when completing this form and additional assessment may be necessary to adequately identify goal(s).

Review each statement, and consider whether the student possesses the identified skills.

Yes – performs independently and consistently

No – performs inconsistently or not at all; consider an independent living goal

NA – not an area of independence being considered at this time

Home Living

	Yes	No	NA
Follows daily living routine (e.g., personal hygiene, dressing, selecting clothes)	___	___	___
Purchases, prepares and stores food; maintains healthy diet	___	___	___
Performs light household maintenance (e.g., cleaning, unclogging drains or toilets)	___	___	___
Appropriately makes and receives telephone calls	___	___	___
Follows disaster safety routines for fire and natural disasters	___	___	___

Household & Money Management

	Yes	No	NA
Creates and maintains checking & savings accounts	___	___	___
Manages money (e.g., counts money, makes change, budgets, pays taxes, and monthly bills)	___	___	___
Evaluates cost of services (e.g., banking, telephone, leasing, credit cards, loans)	___	___	___
Locates & acquires place to live (e.g., finds housing, understands rental agreements)	___	___	___
Sets up living setting (e.g., organizes furniture, arranges for utilities and services)	___	___	___
Understands the importance of a good credit rating, how to view and interpret a credit report, and methods to improve credit rating	___	___	___

Transportation

	Yes	No	NA
Selects appropriate method of transportation	___	___	___
Possesses required transportation documentation (e.g., driver's license, bus pass)	___	___	___
Organizes transportation (e.g., carpool partners, door-to-door bus or cab service)	___	___	___
Navigates throughout community using preferred mode of transportation	___	___	___
If driving, knows of automotive maintenance schedules and routines	___	___	___

Law & Politics

	Yes	No	NA
Knows how to participate in voting and political decision-making	___	___	___
Understands basic local, state, and national laws	___	___	___
Understands rights as a person with a disability	___	___	___

Community Involvement

Yes No NA

- Locates & participates in leisure, recreation, and community activities _____
- Locates and uses community services (e.g., stores, banks, medical facilities, recreation facilities, health department, police department, social services) _____
- Completes paperwork for medical treatment, community services, insurance, etc. _____
- Plans and acquires wardrobe (e.g., select appropriate clothes, compare prices) _____
- Responds appropriately to environmental cues (e.g., signs, sirens) _____

Personal Safety and Interpersonal Relationships

Yes No NA

- Performs basic first aid and seeks medical assistance when appropriate _____
- Practices community safety routines (e.g., when to talk to strangers, avoiding unsafe locations, locking doors, asking for directions) _____
- Understands when it is appropriate to call 911 _____
- Knows CPR and when it is necessary _____
- Maintains relationships with family and friends; establishes new friendships _____
- Understands the concepts of sexuality (e.g., physical self, reproductive process, dating, relationship, marriage). _____
- Makes informed choices regarding sexual behavior _____
- Understands basic parenting skills _____

Self-Advocacy

Yes No NA

- Expresses strengths and needs; asks for accommodations when needed _____
- Expresses preferences appropriately, identifies long- and short-range goals, and takes steps to reach goals _____
- Assertively advocates for self in situations outside of school _____
- Responds appropriately to typical exchanges with others (e.g., saying hello, being bumped or brushed against, making small talk, sarcastic remarks, etc.) _____
- Resolves conflicts through discussion, reasoning, & compromise _____

Additional Independent Living Skills

Yes No NA

- _____
- _____
- _____

If “No” was answered for any of the skills identified above, a postsecondary goal should be considered for the area of independent living. The discussion questions below help further identify an appropriate goal.

Independent living goal(s) needed at this time? ___Yes ___No

Is additional assessment information needed in the area of independent living? Why?

What are the 3 most important independent living skills to be addressed in IEP?

- 1.
- 2.
- 3.

How can we work on these particular skills throughout this coming year (i.e., instruction, related services, post-school living objectives, daily living skills, and/or functional vocational evaluation)?

What annual IEP goal(s) will enable the student to meet the postsecondary independent living goal?