

Resource Sheet from the Video

As we look ahead to our students/children turning 18, we need to keep an eye on health care. What steps need to be taken to move into the world of adult health care? What skills can be taught (even in middle school)? How can we tell what a student needs to know? Tim Markle from the Southern Regional Center for Children and Youth with Special Health Care Needs and the Wisconsin Youth Health Transition Initiative, and his young adult son Hunter, will be our presenters. We were also joined by Dr. Leah Ederer who talked about how she transitions her patients and her use of an "About Me" form.

After you watch the video, please leave us some feedback:

https://uwmadison.co1.qualtrics.com/jfe/form/SV_7Xavr2opOYL74gK

Resource Links

- Southern Regional Center for Children and Youth with Special Health Care Needs -- <https://cyshcn.waisman.wisc.edu/>
- Health Transition Wisconsin -- <https://healthtransitionwi.org/>
- About Me Form: <https://inclusivehealth.specialolympics.org/resources/tools/about-me-form>
- Health Transition Readiness Assessment for youth -- <https://www.gottransition.org/6ce/?leaving-readiness-assessment-youth>
- Health Transition Readiness Assessment for Caregivers and Families -- <https://www.gottransition.org/6ce/?leaving-readiness-assessment-parent>
- Self-Advocacy Resources -- <https://www.pacer.org/transition/learning-center/health/building-self-advocacy.asp>
- National information on Health Transition -- <https://www.gottransition.org>
- Build Your Bridge Notebook -- <https://healthtransitionwi.org/wp-content/uploads/sites/178/2021/01/BuildYourBridge2020fillable.pdf>
- Preparing for Life as an Adult (Health) -- <https://ucedd.waisman.wisc.edu/wp-content/uploads/sites/74/2017/02/THCL.pdf>
- Wisconsin Transition Improvement Grant (TIG) -- <https://witig.org/>
- Post-Secondary Transition Plan (App) -- <https://witig.org/self-advocacy-tools/witransition-app/>
- Find your Aging and Disability Resource Center (ADRC) -- <https://www.dhs.wisconsin.gov/adrc/consumer/index.htm>
- ADRC Consumer Page -- <https://www.dhs.wisconsin.gov/adrc/index.htm>
- Supported Decision-Making and Guardianship Alternatives -- <https://wi-bpdd.org/index.php/supporteddecision-making/>
- Up to Me (helping with self-disclosure) -- <https://wisewisconsin.org/up-to-me/>
- PATCH (Providers and Teens Communicating for Health) -- www.patch.org

Transition Talks Tuesday with Sauk Prairie School District
Health Care Changes Too! Bridging the Gap Between Adolescent and Adult Health Care
October 10, 2023

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- Self-Directed Health Care Kit -- www.wi-bpdd.org
- Before Age 18 WI Transition Resource Guide -- <https://beforeage18.org/transition-guide/>

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